

## Jak zvládnout angličtinu už za 9 a 1/2 týdne Lekce 4: Jak si sestavit studijní plán a k čemu je dobrý



## How to create a sound study plan

What is the secret to master a foreign language?

How is it possible that somebody can learn two, three, four or even more languages and somebody else is stuck with one at a basic level?

How come that I could reach the B2 level in Italian within less than a year?

You already know that it is not because of a talent. Talent doesn't do the job.

Talent doesn't mean that I open a book and all the knowledge just jumps in my head and stays there forever.

Actually, it was really a hard work and a lot of time and a lot of effort.

But the friends who want to know the secret don't believe me. They say they also give it a lot of time and effort. They go to a group lesson once a week.

If you still remember from yesterday – learning 1 hour per week will get you to the next level in 3,5 years.

In that case, reaching the B2 level should take 14 years.

I reached the B2 level in Italian in just 1 year because I spent with the language two hours every day. It is as simple as that.

The true secret is using the language every day, anytime during the day.

No, i don't mean reading every page of a textbook, nor repeating exercises, talking about topics that a book suggests that i should learn. No.

The secret is using the language in everyday life, try to express whatever is going on around me right now.

With every topic which I learn I rush quickly into the phase three.

Remember? Phase two is learning from a book. Phase three is using it.



Phase three is very challenging and demanding. You will make mistakes, but you will learn from them. The sooner you start, the sooner you get better.

In today's lesson you are going to learn how to prepare a good plan for using English every day.

You will be surprised how much time you can find in your day for English – you will discover time gaps of which you probably weren't aware at all.

Just watch the other short video where I show you how to fill your days with English.

## **Všimla jste si?** *Have you noticed?*

(to be) stuck with ⇒ být s něčím / na / v něčem zaseknutý

**How come? →** Jak to? (Jak je to možné?)

actually ⇒ vlastně, skutečně

In this lesson you can find out how much time you <u>actually</u> have. – V téhle lekci zjistíte, kolik času <u>vlastně</u> / <u>skutečně</u> máte.

Actually, I don't care. / I don't care, actually. – Vlastně mě to nezajímá.

the sooner... the sooner ⇒ čím dřív... tím dřív

## the + 2. stupeň přídavného jména nebo příslovce v obou větách

the sooner, the better - čím dřív, tím líp

<u>The</u> more petrol you have, <u>the</u> further you can go. – <u>Čím</u> víc benzínu máš, <u>tím</u> dál dojedeš.

<u>The</u> older I am, <u>the</u> slower I become. – <u>Čím</u> jsem starší, <u>tím</u> jsem pomalejší.

<u>The</u> more money you earn, <u>the</u> higher taxes you pay. - <u>Čím</u> víc vyděláváš, <u>tím</u> vyšší platíš daně.

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